

PERSONAL STYLE DESCRIPTION

PERSONAL STYLE

Personal Style indicates the way you prefer to relate to people and the world around you.

Serving in ways inconsistent with your Personal Style over time leads to

- Inauthentic relationships
- Decreased motivation
- Burnout

Two key elements of your Personal Style:

- How are you Energized?
- How are you Organized?

NOTE: If you are not sure of your Personal Style, refer back to the results of your *Personal Style Assessment* on page 111.

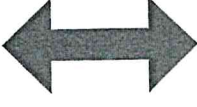
YOUR PERSONAL STYLE

1. How are you Energized?

- Reflects how you receive and focus your emotional energy
- Indicates how you prefer to interact with people and tasks

Are you more *Task-Oriented* or *People-Oriented*?

Task-Oriented



People-Oriented

Task-Oriented people:

- Are energized by doing things accomplishing tasks working with people who share your commitment to the task
- Can feel awkward or frustrated with a lot of relational activities

People-Oriented people:

- Are energized by interpersonal relationships people interactions working with people in a team setting
- Can feel awkward when handling a lot of tasks

2. How are you Organized?

- Reflects how you prefer to organize your world

Are you more *Unstructured* or *Structured*?



Unstructured people:

- Put everything into *piles*
- Are less concerned with being precise
- Prefer lots of options and flexibility
- Prefer a variety of activities
- Are comfortable in undefined situations
- Like spontaneous relationships

Structured people:

- Put everything into *files*
- Plan and bring order to their lives
- Enjoy stable, consistent relationships
- Make decisions and seek closure
- Are more detailed
- Like things clearly defined

BOTH value being organized!

CAUTION

Personal Style does explain our behavior, but it does not _____ it!

Task Unstructured

You tend to:

- Like general guidelines
- Be versatile
- Get tangible results
- Help wherever needed

Serving opportunities could be:

- Room setup/breakdown
- Special events organizer
- Building projects team

Task Structured

You tend to:

- Get the job done
- Focus on results
- Follow an agenda
- Appreciate clear direction

Serving opportunities could be:

- Sound and lighting team
- Offering taker/counter
- Drama set builder

People Unstructured

You tend to:

- Be very conversational
- Be flexible
- Relate well with others
- Like spontaneous situations

Serving opportunities could be:

- Crisis hotline
- Greeter team
- Information center

People Structured

You tend to:

- Project warmth
- Like defined relationships
- Relate well with others
- Enjoy familiar surroundings

Serving opportunities could be:

- Small group leader
- Membership team
- Assimilation strategies